

Yoga With Kasia

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Day	Date	Time	Style	Venue
Monday	18-Apr	9:15 to 10:15am	Gentle Flow Yoga	NO CLASS
Monday	18-Apr	6:00 to 7:00pm	Strong Flow Yoga	NO CLASS
Tuesday	19-Apr	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	21-Apr	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel
Thursday	21-Apr	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel
Friday	22-Apr	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel & Zoom
Friday	22-Apr	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Saturday	23-Apr	9:30 to 10:30am	Strong Flow Yoga	The Studio at Taylor Place & Zoom
Monday	25-Apr	9:15 to 10:15am	Gentle Flow Yoga	The Studio at Taylor Place & Zoom
Monday	25-Apr	6:00 to 7:00pm	Strong Flow Yoga	The Studio at Taylor Place
Tuesday	26-Apr	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	28-Apr	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel
Thursday	28-Apr	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel
Friday	29-Apr	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel & Zoom
Friday	29-Apr	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Saturday	30-Apr	9:30 to 10:30am	Strong Flow Yoga	The Studio at Taylor Place & Zoom
Monday	02-May	9:15 to 10:15am	Gentle Flow Yoga	The Studio at Taylor Place & Zoom
Monday	02-May	6:00 to 7:00pm	Strong Flow Yoga	The Studio at Taylor Place
Tuesday	03-May	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	05-May	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel
Thursday	05-May	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel
Friday	06-May	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel & Zoom
Friday	06-May	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Saturday	07-May	9:30 to 10:30am	Strong Flow Yoga	The Studio at Taylor Place & Zoom
Monday	09-May	9:15 to 10:15am	Gentle Flow Yoga	The Studio at Taylor Place & Zoom
Monday	09-May	6:00 to 7:00pm	Strong Flow Yoga	The Studio at Taylor Place
Tuesday	10-May	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	12-May	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel
Thursday	12-May	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel
Friday	13-May	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel & Zoom
Friday	13-May	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Saturday	14-May	9:30 to 10:30am	Strong Flow Yoga	NO CLASS
Monday	16-May	9:15 to 10:15am	Gentle Flow Yoga	The Studio at Taylor Place & Zoom
Monday	16-May	6:00 to 7:00pm	Strong Flow Yoga	The Studio at Taylor Place
Tuesday	17-May	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	19-May	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel
Thursday	19-May	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel
Friday	20-May	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel & Zoom
Friday	20-May	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Saturday	21-May	9:30 to 10:30am	Strong Flow Yoga	The Studio at Taylor Place & Zoom
Monday	23-May	9:15 to 10:15am	Gentle Flow Yoga	The Studio at Taylor Place & Zoom
Monday	23-May	6:00 to 7:00pm	Strong Flow Yoga	The Studio at Taylor Place
Tuesday	24-May	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	26-May	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel
Thursday	26-May	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel
Friday	27-May	9:15 to 10:30am	Gentle Flow Yoga	NO CLASS
Friday	27-May	11:15 to 12:15pm	Gentle Flow Yoga	NO CLASS
Saturday	28-May	9:30 to 10:30am	Strong Flow Yoga	NO CLASS