

Yoga With Kasia

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Day	Date	Time	Style	Venue
Tuesday	24-Feb	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	26-Feb	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel Westcott
Thursday	26-Feb	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel Westcott
Friday	27-Feb	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel Westcott
Friday	27-Feb	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Tuesday	03-Mar	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	05-Mar	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel Westcott
Thursday	05-Mar	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel Westcott
Friday	06-Mar	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel Westcott
Friday	06-Mar	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Tuesday	10-Mar	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	12-Mar	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel Westcott
Thursday	12-Mar	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel Westcott
Friday	13-Mar	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel Westcott
Friday	13-Mar	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Tuesday	17-Mar	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	19-Mar	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel Westcott
Thursday	19-Mar	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel Westcott
Friday	20-Mar	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel Westcott
Friday	20-Mar	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Tuesday	24-Mar	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	26-Mar	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel Westcott
Thursday	26-Mar	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel Westcott
Friday	27-Mar	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel Westcott
Friday	27-Mar	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place