

Yoga With Kasia

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Day	Date	Time	Style	Venue
Tuesday	14-Apr	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	16-Apr	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel Westcott
Thursday	16-Apr	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel Westcott
Friday	17-Apr	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel Westcott
Friday	17-Apr	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Tuesday	21-Apr	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	23-Apr	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel Westcott
Thursday	23-Apr	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel Westcott
Friday	24-Apr	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel Westcott
Friday	24-Apr	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Tuesday	28-Apr	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	30-Apr	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel Westcott
Thursday	30-Apr	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel Westcott
Friday	01-May	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel Westcott
Friday	01-May	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Tuesday	05-May	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	07-May	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel Westcott
Thursday	07-May	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel Westcott
Friday	08-May	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel Westcott
Friday	08-May	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Tuesday	12-May	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	14-May	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel Westcott
Thursday	14-May	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel Westcott
Friday	15-May	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel Westcott
Friday	15-May	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place
Tuesday	19-May	8:30 to 9:30am	Wake up Yoga!	The Studio at Taylor Place
Thursday	21-May	6:00 to 7:15pm	Mixed Ability Yoga	St John's Chapel Westcott
Thursday	21-May	7:30 to 8:45pm	Mixed Ability Yoga	St John's Chapel Westcott
Friday	22-May	9:15 to 10:30am	Gentle Flow Yoga	St John's Chapel Westcott
Friday	22-May	11:15 to 12:15pm	Gentle Flow Yoga	The Studio at Taylor Place